

Who is
fleeing persecution
and seeking sanctuary?

Please join Restore,
a project of Birmingham Churches Together
supporting refugees and people seeking sanctuary
for 3 information and training sessions
for those interested in asylum issues or in
training to become befrienders of refugees
and those seeking sanctuary

EVENING COURSE

on Thursdays 26 January and 2 & 9 February 2012
from 7.30 - 9.30pm

at the Faithful Neighbourhoods Centre, 10/12 Court Road,
Sparkhill, Birmingham, B11 4LX

(Court Road is one-way and accessed from Stratford Road.
There is a car park 50metres past the Centre on the left which is open until 10pm)

Restore's training is offered to all those who are interested in becoming volunteer befrienders of asylum seekers and refugees. Anyone wishing to gather further information on asylum and refugee issues is also welcome. (NB There is no obligation to volunteer with Restore at the end of the course!)

Week one: introduction to Restore and an overview of asylum issues, exposing some of the media myths about asylum, introduction to befriending and hearing the personal experience of a befriender

Week two: introduction to the asylum application process and hearing the first-hand experience of a refugee or asylum seeker

Week three: the practicalities of befriending including guidelines, qualities, boundaries, cross cultural issues and the support offered to volunteers

All sessions include interactive elements

"Befrienders are excellent at providing the invisible things like just showing you around, being a friend, providing company, giving you a feeling of normal life."

Quote from an asylum seeker

Further details are available from Jeremy Thompson (Befriending Co-ordinator of RESTORE) – 0121 236 0069 or befriend@restore-uk.org <http://www.restore-uk.org>